

DORSET COUNTY ATHLETIC ASSOCIATION TRACK & FIELD CHAMPIONSHIPS 2019

(Under UK Athletics Rules)

Kings Park Athletic Stadium, Bournemouth

Saturday 11th May 2019



Sprint Hurdles U13,15,17,Jun & Sen	Long Jump U13,15,17,Jun & Sen
300m Hurdles U17W	High Jump U13,15,17,Jun & Sen
400m Hurdles U17M, JW/M, SW/M	Triple Jump U15,17,Jun & Sen
100m U13,15,17,Jun, Sen & Masters	Pole Vault U13,15,17,Jun & Sen
200m U13,15,17,Jun, Sen & Masters	**Hammer U13,15,17,Jun & Sen
300m U15G/B,U17W	Javelin U13,15,17,Jun & Sen
400m U17M, JW/M, SW/M	Shot U13,15,17,Jun & Sen
800m U13,15,17,Jun, Sen & Masters	**Discus U13,15,17,Jun & Sen
1500m U13,15,17,Jun, Sen & Masters	
3000m U15, U17	
5000m Jun, Sen & Masters	
1500m S/C U17	
2000m S/C JW/M,SW	
3000m S/C SM	

** Note: The Hammer and Discus events are dependent on changes being made to the Throws Cage – if changes are not made before the Championships these events will be rescheduled to another meeting.

CLOSING DATE: FRIDAY 26th APRIL : NO LATE ENTRIES

Entry Fee: First Event £7.00 (no charge for additional events)

Cheques payable to: Dorset County A.A.

Entries, which must be accompanied by the entry fee, to: Hazel Bates, 55 Brisbane Road, Christchurch, Dorset BH23 2HP (e-mail: hazelj Bates1@gmail.com)

NOTE: YOUR COMPETITION NUMBERS SHOULD BE COLLECTED FROM THE OFFICE ON YOUR ARRIVAL AT THE CHAMPIONSHIPS.

A PROVISIONAL TIMETABLE FOR BOTH TRACK AND FIELD EVENTS IS ATTACHED.

(**Please note:** this is subject to change dependent on numbers. Final version will be posted on:
<https://sites.google.com/site/dorsetcountyyaa/>
approx 7 days before the event.)

ENTRY FORM for the DORSET COUNTY TRACK & FIELD CHAMPIONSHIPS

<u>Event</u>	<u>Age Group</u> <small>(See overleaf)</small>	*	<u>Event</u>	<u>Age Group</u> <small>(See overleaf)</small>
.....		*	
.....		*	
.....		*	

FULL NAME:(Male/Female) Tel.No.:

Address: Post Code:

Place of Birth: **Date of Birth:** **Age:**

I have lived in Dorset since: **Club/School/HM Service Unit:**

Email:

Signed:

I *would/*would not be willing to compete for Dorset if selected. **Date:**

***I accept that DCAA may use my above details for Team contact purposes.**

(*Please delete above as applicable)

NOTES

1. To compete in the DCAA Championships, competitors must:
 - a) have been born in Dorset
 - OR** b) have lived continuously in Dorset for at least nine months preceding the event
 - OR** c) be a student in residence at a School, College or University in Dorset
 - OR** d) have been serving in a Unit of HM Forces stationed in Dorset for at least nine months preceding the event.
(**NOTE:** Boarding School and service unit athletes are requested to indicate their Home Address County on the entry form as only those athletes who are resident in Dorset are eligible to compete for the County.)
 - e) **not** have competed in the Championships of, or represented at Inter-County Championships, a County other than Dorset since 1st October 2018.
2. U13, U15 and U17 age groups are limited to 3 individual events. Junior Men and Junior Women are limited to 5 events. No limits for Seniors and Masters.
3. U13's may not compete in more than one race between 800m and 1500m.
U15's may not compete in more than one race between 800m and 3000m.
4. Field Event Trials in LJ, TJ, Shot, Hammer, Javelin and Discus – Junior Men/Women and Senior Men/Women shall have three attempts with those achieving a valid trial being permitted a further three trials. U13/15/17 athletes shall have three attempts with those achieving AAA Standard Grade 4 being permitted a further three trials.
5. No athlete may enter the same event in more than one age category.
6. **Masters** entering a Senior Men's or Women's field event and electing to use reduced weight equipment for their age group will not be eligible for Championship medal positions in that event.
7. **NO GUEST COMPETITORS** will be allowed. If in doubt as to your eligibility, please contact the Championships Secretary whose address appears below.
8. **Club/School Colours** should be worn and **6mm spikes only** are allowed on synthetic surfaces.
9. Please ensure that all sections of the entry form are completed.

AGE GROUPS - are at Midnight 31st August/1st September 2019 except where stated otherwise:

			Dates of birth:
U13G,U13B	Under 13 Girls/Boys	Over 11 and under 13 yrs.	(1/9/06 - 31/8/08)
U15G,U15B	Under 15 Girls/Boys	Over 13 and under 15 yrs.	(1/9/04 - 31/8/06)
U17W,U17M	Under 17 Women/Men	Over 15 and under 17 yrs.	(1/9/02 - 31/8/04)
JW,JM	Junior Women/Men	Over 17 and under 20 yrs.	(1/1/00 - 31/8/02)
SW,SM	Senior Women/Men	20 yrs and over 31/12/2018	(31/12/99 or earlier)
MW,MM	Masters Women/Men	Over 35 yrs on day of event.	

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Detach this portion and return to:

Hazel Bates
55 Brisbane Road
CHRISTCHURCH
Dorset BH23 2HP

If you require confirmation of receipt of your entry please SEND an email to:
hazeljbates1@gmail.com